

A FEW EXERCISES THAT WILL HOPEFULLY
HELP YOU FIND THE PERFECT NAME FOR
YOUR BUSINESS!

# \* SAY MY NAME

Every project, company, movement, product, service or organisation needs a name. We're clear on that, but a great, unique and memorable name doesn't always fall into one's lap. However, naming your brand is one of the most important decisions in the brand development process.

#### SO, WHAT MAKES A GOOD NAME?

There are a few criteria that you can consider, but don't make it a goal to hit all of them. In the end you should go with your gut feeling.

## ASK YOURSELF THIS:

- Is it unique and memorable? Is it timeless?
- Is it easy to spell when you hear it? Is it easy to pronounce? Can it be mistaken for something else when you hear it?
- Does it give an indication of the industry, the product/service, what it does, why it's unique?
- · Can the name be trademarked?
- Are the online domain and social media handles acceptable?

### WAIT, YOU STILL NEED A NAME TO GO THROUGH THE CHECKLIST?

No problem, let's see if the following exercises will help!

# \* FUNCTIONAL VS FICTIONAL

Before we jump in, just a short list of pros and cons of the two types of names. This decision has a big impact on the personality your brand shows to the world.

## FUNCTIONAL NAMES

- + clearly communicate what you do
- + help your audience to put you in the right category
- will stand out less from the competition
- harder to protect legally
- less flexibility to adjust your business model under that brand

## FICTIONAL NAMES

- + are more differentiating and easier to trademark
- + have more emotion and personality
- take more time to embed in the minds of your audience and you will likely spend more on advertising
- can be hard to spell or pronounce

But now enough of the theory, let's get this started!

# \* BRAINSTORMING RULES

# #1-NO JUDGEMENT

In this first phase of finding ideas there is no room for criticism or "buts". Everything goes, or at least everything will be looked at with an open-mind.

## #2-WELCOME THE UNUSUAL

Looking at the topic from a different perspective may provide better solutions. So suspend any assumptions and allow yourself to play around.

# #3 - QUANTITY

This is simple - the greater the number of ideas the greater the chance of finding the perfect solution.

# #4-VARIETY

Look for the obvious but also encourage the wild ideas that come up - which loops back into rule number 1 - everything goes!

# **\* EXERCISE #1-WORD DUMP**

### THIS IS WHERE YOU OPEN THE FLOOD GATES (OF YOUR BRAIN)!

Take a few pieces of paper and write down everything that comes to mind when you think about your business - verbs, adjectives, EVERYTHING. Even if it doesn't directly tie into your business or makes sense.

Apply rules #1 and #3 to this exercise!

Here are a few questions and prompts that will help you get started:

- **\*\*** WHAT FEELINGS AND EMOTIONS ARE CONNECTED WITH YOUR BUSINESS?
- **\*\*** WHAT DO YOU WANT PEOPLE TO FEEL?
- **\*\*** WHAT ARE THE BENEFITS OF YOUR PRODUCT/SERVICE?
- **\*\*** WHAT ARE YOU PROVIDING?
- **\*\*** WHAT IS THE PROBLEM YOU ARE SOLVING?
- **\*\*** WHAT IS THE VISION OF YOUR BUSINESS?
- **\*\*** WHAT ARE YOUR VALUES?
- **\*\*** WHO ARE YOUR CUSTOMERS?
- **\*\*** WHAT IS YOUR STORY?

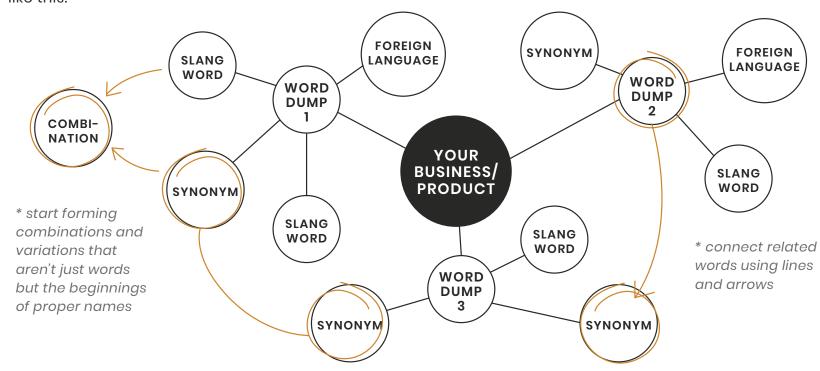
Now go and dump it!! :)

# \* EXERCISE #2 - MIND MAPPING

This exercise should help you to explore your previously found words, for this we'll use the technique of mind-mapping. Before you get started, though, take your sheets from the previous exercise and go through them. Highlight everything that stands out to you.

#### NOW, TAKE A NEW PIECE OF PAPER AND DO THE FOLLOWING:

The central bubble stands for your business from which you draw new bubbles that contain the words and phrases from exercise #1. The next step is to play around with these words a bit, by finding synonyms, homonyms, a translation into a foreign language or slang words and put them in bubbles around them. So it can look something like this:



# \* EXERCISE #2 - MIND MAPPING

At times take a minute to pause and reflect. Circle one or two words (or names) that you find most interesting. Concentrate on those and repeat the process on a new sheet of paper.

#### TO HELP YOU WITH FINDING SYNONYMS, SLANG WORDS ETC, HERE IS SOME HELP:

### **\*\*** FINDING SIMILAR WORDS AND PHRASES

For this one go to <u>www.thesaurus.com</u> and type in your highlighted words. Don't drift off too far, so you don't end up with a word that has lost the meaning of your original term.

### **\*** LINGO & SLANG

The other website you can try is <u>urbanthesaurus.org</u>, to find slang words for your term or phrase. It won't be a slam dunk, but who knows, you might find a gem that kicks off a great idea!

### **\*\*** FOREIGN LANGUAGE

A great website to also translate copy is <u>deepl.com</u>, just in case you want to try something different from Google Translate :)

Your turn! Have some fun with it!

# \* EXERCISE #3 - PLAY AROUND

After selecting your favourite words from exercises #1 and #2, play around a bit.



Take a word and add something to it. Maybe a "y" at the end, or an "e" for electronic.

### **\*\*** SUBTRACT

Take out letters from your words and see what happens!

For example, remove some letters from the word "Pegasus" and it becomes ASUS.

### **\*** COMBINE

Combine to words, or just parts of two words. For example, Federal + Express becomes Fedex.

### **\*** MODIFY

Try alternate spellings or replace letters, for example, connects becomes Connex.

## **\*\*** REVERSE

Take a word and phrase and reverse its meaning. For example, the opposite of vegan would be meat. Now modify it a bit, like nomeat, zeromeat and so on... There might be a gem if you keep digging:)

### **\*\*** RHYMES + ALLITERATIONS

Pretty self-explanatory, so I will just name a few examples: Yellow Mellow, Reese's Pieces, Coca Cola, PayPal....



# AS A LAST REMINDER FOR YOU AND AS I HAVE MENTIONED IN THIS WORKBOOK A FEW TIMES ALREADY:

## HAVE FUN WITH IT!

Because I think we all know how well stressing about something works out.

Do these exercises when you have enough time, a clear head and are in a good mood. Meditate beforehand if you'd like, that definitely can't hurt, prepare water and some snacks and put on some low tunes, I like the "Deep Focus" playlist on Spotify if I have to be concentrated.

And if you feel like you're getting stuck, don't push it, take a break, go for a walk, maybe even set it aside until the next day. And of course you can always do it together with other people!

With that being said, I would love to hear if this booklet was helpful for you, so shoot me a message and let me know what you think!!





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OR VISIT ME ON INSTAGRAM @MAEDMACK

I'm looking forward to hearing from you!

